Bollywood Dancing
AN OUT OF THE BOX FESTIVAL AND DANCE MASALA PRODUCTION

Bollywood films and their up-beat dancing are one of India’s most popular past times. This workshop goes back to the origins of classical Indian dance and traditional folk dance to discover how Bollywood has become much loved in modern India.

Combining glamour, colour and high energy dance moves, the Dance Masala team take you on a journey through the history, language, stories and dance of India!

PROUDLY SUPPORTED BY PLAYGROUP QUEENSLAND

EARLY YEARS FRAMEWORK
Outcome 4: Children are confident and involved learners.
Outcome 5: Children are effective communicators.

QUEENSLAND CURRICULUM ASSESSMENT AUTHORITY
ESSENTIAL LEARNINGS BY THE END OF YEAR 3
THE ARTS – DANCE
Knowledge and understanding
Dance: Fast and slow movements are used to change timing in movement phrases.
Drama: Role can be established using movement, voice, performance space, cues and turn-taking.
Music: Duration, beat, time values and metre are used to create repeated rhythmic patterns.

SOSE
Knowledge and understanding
Culture and identity: Groups and communities are identified by practices, symbols and celebrations that reflect their values, beliefs and sense of belonging.

NEED TO KNOW
AGE RANGE 4–8 Years
VENUE Cultural Forecourt, South Bank
COST $15 or $10 with any performance
BOOKINGS outoftheboxfestival.com.au/preview
Refer to Festival Timetable on pp. 16-17 for available times and dates.

AUSTRALIAN CURRICULUM v.8.1
The Arts:
Dance: F-2
Use fundamental movement skills to develop technical skills when practicing dance sequences (ACADAM002).
Present dance that communicates ideas to an audience, including dance used by cultural groups in the community (ACADAM003).
[Content Descriptors (ACADAM006) and (ACADAM007) in Dance 3-4 are also relevant].

Drama: F-2
Use voice, facial expression, movement and space to imagine and establish role and situation (ACADRM028).
[Content Descriptor (ACADRM032) in Drama 3-4 is also relevant].

Humanities and Social Sciences: 3-4
Knowledge and understanding: History
Celebrations and commemorations in places around the world (ACHASSK065).
Bollywood Dance Workshop is an opportunity for children to experience one of India’s most popular and energetic styles of dance. Participating in this workshop, children will explore Bollywood from its origins in classical Indian and traditional folk dance to the much loved modern popular dance style it is today. The Dance Masala team will guide children on this journey through the history, language, stories and dance of India!

Children will be immersed in a playful, safe and inclusive environment to learn about The Arts particularly the areas of Dance, Drama and Music. In Dance, children will understand how Bollywood has been developed from traditional dance and influenced by other dance styles such as; Hip-Hop, Jazz and Latin to create a unique style of its own. Children will learn movements that combine traditional facial expressions, hand and foot gestures along with stylistic elements of other dance styles. This workshop will provide students an opportunity to refine technical and expressive dance skills to communicate a role and story. In Drama, students will gain a further understanding of how to establish a role through the use of movement, facial expressions and use of performance space. Bollywood dance is performed to music that is a fusion of traditional Indian and western styles. Children will physically explore the music’s beat and metre by moving in repeated rhythmic patterns. Through this workshop, children learn about Indian culture and entertainment and explore where and why people dance, make drama or create music allowing an opportunity to further explore how these art forms differ across cultures.

Participation in this dance workshop introduces children to themes and ideas relevant in Humanities and Social Sciences. Children will begin to explore and form cultural understandings in meaningful and experiential ways. This workshop offers an insight into the how groups and communities are identified by practices, symbols and celebrations that reflect their values, beliefs and sense of belonging. Bollywood is a high energy and celebratory dance that people practice across the globe and has become popular at weddings and other festive celebrations. This is relevant to the History curriculum as it allows students to pose questions about past and present objects, people, places and events such as celebrations in places around the world. This could lead to discussions about the ways that children share their cultures with their local communities.

**ART FORM FOCUS:**
The Arts: Dance and Drama, Humanities and Social Sciences

**KEY MESSAGES:**
What can we learn about a culture’s history, language and stories, language by dancing?

**LEARNING OPPORTUNITY:**
The Arts provide a creative and expressive way to gain an awareness and understanding of a culture. The following learning experiences give children an opportunity to make, respond, investigate and discuss the wonderful world of India’s Bollywood.

**LEARNING ACTIVITIES:**
**I’VE GOT THE MUSIC IN ME!**
- Listen to a range of traditional India music and Bollywood music.
- Respond physically to each song by improvising movement.
- Discuss the different ways the music inspired you to move.
- Experiment with a music-editing program to create your own Bollywood song.

**BOLLYWOOD IS...**
- Watch a clip from a Bollywood film or film clip.
- Respond by describing the movement, music, costumes and setting.
- Write a descriptive sentence beginning with ‘Bollywood is...’
- Share with someone else and discuss the similarities and differences.
- Use the sentence as stimulus to create movements. You can try to emulate the Bollywood style or come up with your own style to represent the descriptive words in the sentence.
- Share and learn someone else’s sequence.
- Combine the sequences to create a set piece of choreography.

**FACE OFF**
- Experiment and explore with facial expressions to represent different emotions (happy, sad, angry etc.).
- Select one facial expression for each emotion.
- Think about a stance or pose that could be used with each facial expression. Think about the shape, size and level that match each emotion/facial expression.
- Share and discuss the decisions made.
- Research and read the plot of a Bollywood film.
- In pairs or small groups, create a series of 3 freeze frames that tell a part of the story focusing on the stance and facial expressions of each character.

**MIX IT UP**
- Learn a short sequence of movement from 2-3 different styles of dance such as Hip-Hop, Jazz, Latin or Bollywood.
- Experiment with combining different movements together from different sequences.
- Create a new sequence of movement that combines all styles.
- Combine a series of sequences together to create a whole dance.
- Share and describe the new dance style that has been created.
RESEARCH
Bollywood dances are often performed at weddings and can be considered a celebratory dance.
• Research celebratory dances from other countries around the world.
• Discuss what these dances tell us about the culture they belong to and explore the questions - Where and why are these people dancing?
• Discuss where and why you dance.
• Think about ways you and others share cultural experiences.
• Design a program for a multicultural festival. What type of workshops and performances could be offered?

OTHER RESOURCES - WEBSITES
Dance Masala Youtube Channel  https://www.youtube.com/channel/UC4LqRXQ_NcRM0WjIlhfX-0BA/videos